

# ROCKIN' LUNCH OPTIONS



## LUNCH ENTRÉES

*Stacked Chicken*

### STACKED CHICKEN

6oz chicken breast stacked up with sautéed onions, bbq sauce, bacon and melted Swiss cheese. Garnished with green onions.

Served over rice pilaf with choice of side. **8.99**

### PARMESAN-CRUSTED CHICKEN

6oz chicken breast, marinated & crusted in our light parmesan breading, topped with lemon cream sauce & garnished with diced tomatoes & green onions.

Served with choice of side. **9.29**

### LUNCH FREDO

A lighter portion of our classic fettuccine alfredo pasta, garnished with diced tomato & green onion. **5.99**

Add chicken or shrimp for 3.99

### BACKYARD CHICKEN

6oz chicken breast, marinated & flame-grilled. Served over a bed of rice with choice of side. **8.29**

### PORK CHOP

6oz boneless chop, marinated & flame-grilled. Served over a bed of rice with choice of side. Try it with our Rock House Glaze! **8.29**

### LUNCH SIRLOIN

6oz hand-cut sirloin, perfectly marinated & flame-grilled to your desired temperature. Served with choice of side. **11.99**

### BLACKENED TILAPIA

Blackened with our own spice blend, garnished with lemon.

Served over rice pilaf with choice of side. **8.29**

Rock It "Cajun Style" add 4.79

### GRILLED SHRIMP

5 jumbo shrimp, seasoned & grilled.

Served over a bed of rice with choice of side. **7.99**

### ROCK STAR SPUD

Baked potato loaded with butter, sour cream, cheese, bacon and chives – topped with your choice of chicken or steak. **5.99**



*Blackened Tilapia*

## SOUP & SALAD



### SOUP & SALAD

House or Caesar salad paired with a cup of our loaded baked potato soup or chili. **5.99**

\*Consuming raw or undercooked meats, poultry, seafood, shellfish or eggs may increase your risk of food-borne illness. All meat is cooked to order.

Available Monday - Friday • 11 am - 2 pm